

Swaps 1-1

# Swap Mission

Your mission: Use your Power Word in real life conversations.



Hear It!



**BORING WORD**

**angry**

**⚡ POWER WORD**

**seething**

⚡ The coach was seething because of a bad call by the referee.

## Journal Your Swap

Practice your Power Word today. When you're ready, click Start and write one sentence using your Power Word. Complete all 3 missions to earn your reward.

**1**

Write one sentence using your Power Word.

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**2**

Write one sentence using your Power Word.

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**3**

Write one sentence using your Power Word.

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